

Rainbow scatter

Let's play and talk together

- Scatter some cards, papers or felt pieces of different colours on the floor around an open area.
- Invite your child to play the game by moving to each colour as you call its name.
- Start by calling one colour at a time, e.g. "Now move to green." Once your child understands the game, call several colours in a sequence, e.g. "Move to red, then blue, then green."



A good read-together book



Elmer's Colours by David McKee

Hints for success

- Before you start the game, walk from colour to colour with your child and say the colour names together.
- Start the game with colours that your child already knows. Add new colours once your child understands the activity and can easily follow the directions.



You will need a large indoor or outdoor space, some felt, paper or cardboard pieces in different colours, and a marker to add letters, numbers or words to the coloured pieces.

This activity is good for building strong bones and muscles, developing body control during movement, and learning to follow directions in sequence. It can also be played with shapes, letters or numbers to develop early literacy and early numeracy skills.



LEAP BC[™] is a set of resources for healthy child development which includes Hop, Move, Talk and Food Flair. www.leapbc.decoda.ca



More ideas for Rainbow scatter

Try this way

- Call out different ways to move from colour to colour, e.g. hop, skip, jump, leap, gallop, crawl or stay low.
- Use shapes as well as colours to play the game, e.g. "Now move to a red circle."
- Add an extra challenge by including negatives, e.g. "Run and touch four different colours but DON'T touch purple."

Language development

Mix poster paints to make a wide range of colours, or cut colour samples from pictures in magazines. Introduce new words such as "bright," "pale" or "dark" to describe unfamiliar colours, e.g. "pale pink," "bright turquoise," "navy blue." Learn the colour words with your child and play the game with them.

Read the poem "Spring Song" together. Talk about different colours that you see around you. Look for colours that are bright or pale, or winter, fall, summer and spring colours. Think of words that describe the unusual colours that you see around you.

Early literacy

Add letters or numbers to the coloured pieces. Call out letter cues, e.g. "Move to a letter that is in your name" or "Stand on the first letter in the word 'Dad'."

Early numeracy

Put numerals on the cards and invite your child to move to the different numerals as you call their names.



Spring Song

Have you ever seen such green, such green? Have you ever seen such blue as the woods in April when they blink and a bit of the sky looks through? And the light — the light is tiny and bright in every blob of dew? Have you ever seen such green, such green? Have you ever seen such blue?

Jean Kenward

Book link

EyeLike Colors: See! Learn! Grow! by PlayBac

Safety tip

If you are playing the game with more than one child at a time, encourage children to watch where they are moving so they don't bump into one another. Use more than one card of each kind so every child can find a separate place to stand.



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